WRAKLY CLASS SCHEDULE alvarezfamilyboxing.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7AM Women's Weight Lifting	<mark>6AM-1PM</mark> OPEN GYM					
8:30AM Group Boxing	6AM Boxing Bootcamp		6AM Boxing Bootcamp		6AM Boxing Bootcamp	8:30AM Group Boxing
10AM-1PM OPEN GYM	10AM Group Boxing		10AM Group Boxing			10AM Kid's Boxing (5-8y/o)
		<mark>4PM-7PM</mark> OPEN GYM		<mark>4PM-7PM</mark> OPEN GYM		11AM-1PM OPEN GYM
	4PM-7PM OPEN GYM	5PM Kid's Boxing (8-12y/0)	<mark>4PM-7PM</mark> OPEN GYM	5PM Weight Lifting Meet-up		11AM Weight Lifting Meet-up
	6PM Women's Boxing	6PM Boxing Fundamentals	6PM Women's Boxing	6PM Boxing Fundamentals		
	7PM Group Boxing	7PM Group Boxing	7PM Group Boxing	7PM Group Boxing		
FAMILY C	8PM Fighter Conditioning	8PM Fighter Conditioning	8PM Fighter Conditioning	8PM Fighter Conditioning	O BOXING	CORNER



ALVAREZ FAMILY BOXING

35 Congress Street, Ste 302A

Salem, MA 01970

Drop-In Packages

1 visit, \$25 5 visits, \$100 (\$20 per visit) 10 visits, \$180 (\$18 per visit)

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\$225 per month **No commitment: month-to-month auto renews monthly until canceled**

Unlimited Monthly

Auto-Renew



